

Mentorship Program of Nimra Institute of Medical Sciences

Nurturing Healers

Every Great Physician Was Once Someone's Student. At NIMS, No Student Walks Alone.

At Nimra Institute of Medical Sciences (NIMS), we believe that the making of a doctor is not measured only in marks and machines, but in the quiet, steady presence of someone who walks beside you, through your first anatomy dissection, your first patient encounter, your first failure, and your first triumph. This is the promise of the NIMS Mentorship Program. A promise that from the day you enter our Foundation Course to the day you complete your internship, you will never face the journey of becoming a doctor alone.

Our Vision

To shape every NIMS student into a competent, compassionate, and ethically grounded physician, through a mentoring relationship that begins on the first day of medical school and endures across an entire career of service to humanity.

Our Mission

To provide every student with a dedicated faculty mentor from the very start of their MBBS journey through to internship, to protect academic progress, mental wellbeing, and professional values with equal seriousness, and to build a culture of care that students, in turn, extend to one another.

Structured in full alignment with the National Medical Commission's Competency Based Medical Education framework, our mentorship program pairs every student with a faculty mentor in a small, closely knit group — one mentor, three mentees — from the Foundation Course itself. This relationship is not a formality logged once and forgotten. It continues through every phase of the MBBS program and into the Compulsory Rotatory Medical Internship, so that the same trusted face who welcomed you as a first year student can guide you as you prepare to step into the profession.

Our mentors are chosen not merely for seniority, but for the rare gift of true attentiveness, the willingness to listen before advising, to notice before intervening, and to guide without judgment. They are trained to support the students academically, help navigate the rigour of pre clinical and clinical years, identify difficulties early, and turn setbacks into stepping stones. They are also trained, to recognise the quieter struggles like homesickness, stress, anxiety, the weight of expectation etc.

Mentorship at NIMS is more than academic guidance and wellbeing support. It is where professional identity is formed. Through structured ethics and communication training, reflective learning, and real conversations with mentors who model integrity in practice, our students absorb what no textbook can teach: how a good doctor thinks, speaks, and cares. Senior students, too, become mentors to their juniors, creating not a hierarchy of fear, but a family of trust, replacing intimidation with belonging.

We also look beyond the classroom and the ward. Our mentors help students discover their calling within medicine, whether that path leads to surgery, community health, research, or global practice, offering career guidance grounded in honest experience rather than assumption. Opportunities for leadership, from student councils to community health projects, are actively encouraged and mentored, because we believe the doctors of tomorrow must lead as confidently as they heal. Our growing alumni network, too, is woven into this journey, offering current students the wisdom of those who walked this path before them and now practice across India and the world.

At NIMS, we do not simply teach medicine. We nurture healers!

Governance Structure

- A Mentorship Cell under the Medical Education Unit, reporting to the Principal/Dean and, ultimately, accountable to the UGMEB for compliance records.
- A Mentorship Coordinator responsible for allocation, training, monitoring, and escalation.
- Mentorship Representatives to support cross department consistency.
- A Student Wellness Board (counsellors, psychiatry liaison, hostel wardens) working alongside the faculty mentor.
- A Grievance and Anti Ragging Committee with a direct, protected escalation channel from mentors.